

# 2018-2019 Athletic Form Information

To participate in athletics at Ashley Ridge High School for the 2018-2019 school year athletes must have a physical history form, physical exam form, parent permission form and concussion form dated on or after April 1, 2018, as well as the athlete's birth certificate uploaded on [www.arbiterathlete.com](http://www.arbiterathlete.com) (formerly Planet HS). Athletes may not participate in conditioning or tryouts until all documentation is received.

As of April 1, 2018 the PlanetHS website will transition to [www.arbiterathlete.com](http://www.arbiterathlete.com). Parents and students who already have accounts on [www.planeths.com](http://www.planeths.com) should log in at [www.arbiterathlete.com](http://www.arbiterathlete.com). Your username and password will be the same as it was for [www.planeths.com](http://www.planeths.com). However, if you go to [www.planeths.com](http://www.planeths.com) and log in you will be redirected to the school on [www.arbiterathlete.com](http://www.arbiterathlete.com) and not have to sign in again. Technically any accounts created or logged into from either [www.planeths.com](http://www.planeths.com) or [www.arbiterathlete.com](http://www.arbiterathlete.com) will end up in the same place.

Any new parents or students signing up should do so at [www.arbiterathlete.com](http://www.arbiterathlete.com). The parent and the student must have separate accounts.

**If you have an account on planeths you do not need to create a new account on ArbiterAthlete.**

## How to create an account on ArbiterAthlete:

1. Athletes MUST create a student account at [www.ArbiterAthlete.com](http://www.ArbiterAthlete.com). Be sure to enter the correct graduation year. IF YOU CREATED AN ACCOUNT FOR PLANETHS.COM, USE THE SAME USERNAME AND PASSWORD.
2. Enter requested info and click "create account". If you are creating a new account, a "Guide Me" box will appear and helps you link the student and parent account.
3. Select the "Athletic Forms" button. Then select all sports you may be interested in participating in. If you are a middle schooler and may be participating in middle school and high school teams, you'll also want to use the "additional school" option and either enter Ashley Ridge High School or your middle school.
4. At the very bottom are 5 links to forms that must be completed and approved.
  - 1) **Pre-Participation Physical Evaluation – History Form**  
This is the front page of your physical. You can choose to upload a scan or photo of the front page OR you can complete all questions on the electronic form and hit "sign & submit"
  - 2) **Pre-Participation Physical Evaluation – Physical Examination Form**  
This is the back page of your physical completed and signed by the physician. Be sure that the physician's signature AND date are at the bottom and the athlete's name and birth date are at the top. Once uploaded, hit "sign & submit".
  - 3) **Parent's Permission & Acknowledgement of Risk for Son or Daughter to Participate in Athletics**  
After statement is read, hit "sign & submit".
  - 4) **Birth Certificate**  
Upload a photo or scan of the student's birth certificate then hit "sign & submit". If you had a previous account, you'll have the option here to "re-use document", which will pull the previously uploaded birth certificate you submitted.
  - 5) **Concussion and Student Athletes**  
After statement is read, hit "sign & submit".
5. Link accounts by finding the "Link Accounts" button and entering the student's email or phone number they used to create their account and send invitation.
6. Parent will then go to "Athletic Forms" and click on the 5 links mentioned above to "sign & submit". Parents must hit "sign & submit" on each of the five links.

*\*Parent cannot upload any of the above documents until linked to the student ac*

