

Health and Wellness Department

Coach Hauff
PE/Weight Training
Instructor

Coach Brown
PE Instructor

Coach Givens
PE Instructor

Coach Bellush
Weight Training

Phone: 843-695-4900

Name of Course:

Health

Credits:

One combined with PE

Prerequisites:

None

Course Description:

Students will follow a health curriculum based on the following topics:

- * Mental Health
- * Body Systems
- * Nutrition and Physical Activity
- * Alcohol, Tobacco, and drug use
- * Safety
- * Social and Emotional Health
- * Personal health and Wellness
- * HIV Prevention
- * Sexuality Education
- * Environment
- * CPR training

Topics/Timelines:

Coach Givens, Coach Hauff, and Coach Brown will have designated health days. TBA

Course Standards/Competencies:

Final Exam
Lesson Quizzes

Grading/Evaluation:

Health grade in combined with the students PE Grade for an overall grade. Students begin each quarter with 100 points
-20 points on Health day for incomplete Personal classroom work (health, fitness logs, etc.)
- Rubrics
- End of the unit test
- Final Exam

Fitness

Classroom Procedures:

See routines and procedures handout

Modes of Parental Communications:

Telephone call
Email
Attendance Letters
Parent Conferences

Classroom Resources/Materials:

Students must keep a detailed notebook of all health related topics. Exams will be based on each topic.