

Parent Pointers

Calendar

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Oakbrook Middle School



THE
PARENT
INSTITUTE®

Parent Pointers

Calendar

Middle School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Make a weather chart with your child. Have her keep track of the temperature, wind and rain each day in March.	2 Make up trivia questions about your family. Quiz one another at the dinner table.	3 Today, talk to your child as you would to a friend or co-worker. How does he respond?	4 Ask your child questions about school to get an idea about what she is learning.	5 Have your child solve silly math problems, such as "How many hours until the last day of school?"	6 Remind your child to plan time for himself. Being a middle schooler is sometimes stressful!	7 It's Women's History Month. Visit the library and check out a book about a woman your child admires.
8 Prepare an ethnic recipe with your child. What can it teach her about another culture?	9 Demonstrate respect. When you are wrong about something, admit it and apologize to your child.	10 Read a textbook assignment with your child. Then ask him to tell you about it in his own words.	11 Ask your child to imagine life 150 years ago. How about 150 years in the future?	12 Do an annual allowance review. If you decide to give more, expect more responsibility in return.	13 Figure out the average of something with your child, such as family members' height in inches.	14 If your child is an athlete, leave coaching to the coach. Sideline coaching distracts players and will embarrass your child.
15 Test observation skills. Challenge each other to describe someone you just passed on the street.	16 Ask your child who her role models are and why. You may learn something new about her.	17 Don't label your child (Mason is the messy one). Kids tend to live up to roles cast for them by their parents.	18 Encourage your child to avoid all-nighters and cramming just before a test.	19 When your child tells you something important, repeat it to make sure you understand.	20 Avoid giving in to your child's demands once you have made a decision about something.	21 Do some research on alcohol and drug abuse. Make sure you and your child have the latest facts.
22 Enjoy some outdoor physical activity as a family today.	23 Encourage your child when she faces challenges. Say, "Go for it!" or, "You can do it!"	24 Emphasize the importance of school attendance. Point out that attendance is also important in the working world.	25 Think of synonyms for words with your child. For example, a synonym for <i>happy</i> is <i>elated</i> .	26 Ask your child: "Do you think honesty is always the best policy? Why or why not?"	27 Let your child invite friends over for pizza and a movie. Make sure you learn their names.	28 Have your child help you gather the materials you need to do your taxes.
29 Practice your child's favorite sport with him. Playing sports can improve kids' self-esteem.	30 Middle schoolers can be moody. Pick your battles, but don't tolerate disrespect.	31 Have your child look at her weather chart. Did March come in like a lion and go out like a lamb?	March 2020			