

Parent Pointers

Calendar

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Oakbrook Middle School



THE
PARENT
INSTITUTE®

Parent Pointers Calendar

Middle School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2020					1 Get the schedule for final exams. Post it and be sure your child sets aside time to study in advance.	2 Middle schoolers need time alone with their thoughts and feelings. Suggest activities your child can do alone.
3 Give your child love and attention without making her the center of attention all of the time.	4 Today, have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	5 It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.	6 Power struggles don't work with middle schoolers. Too much parental control can cause rebellion.	7 Talk with your child about privacy. She should never tell friends her passwords to social-networking sites or her devices.	8 Set a technology curfew. All digital devices should be turned off for the night at least 30 minutes before bedtime.	9 Tell your child a family story. Try to think of one that teaches a lesson.
10 Invent a recipe with your child. If it doesn't work, have your child brainstorm ways to try to fix it.	11 Don't violate your child's privacy. By providing privacy, parents demonstrate respect.	12 If your child gets headaches, squints or holds books too close, have his vision checked.	13 Let your child overhear you say something good about her to someone else.	14 If your child has an Instagram account, ask to see it. Talk about the pictures he has posted.	15 Plan a weekend family activity. Let your child invite a friend.	16 Visit the library with your child. Suggest she look for a new book by a favorite author.
17 Teach your child about investing. Start an imaginary stock portfolio together.	18 Ask your child for his advice on a problem you are facing.	19 Compliment your child on something about her appearance today.	20 Encourage your child to combine exercise and learning by listening to an audiobook while working out.	21 Challenge your child to do a secret good deed for a friend or neighbor.	22 Does your child have homework to do over the weekend? Make sure he schedules time to complete it.	23 Encourage your child to read during quiet times at home. Before bed is a perfect time to read.
24 Take a walk with your child.	25 Talk about a familiar place and have your child decide if it is <i>north</i> , <i>south</i> , <i>east</i> or <i>west</i> from your home.	26 Look at the class schedule of a local college with your child. Which courses interest her?	27 Start a conversation by noticing nonverbal messages. If you see a smile, say, "You seem happy."	28 Ask your child to name five things he's learned in school this month. Post the list on the refrigerator.	29 Make tonight a screen-free night. Let your child plan fun activities to do as a family.	30 Have your child time how long a car trip takes. How many miles were driven? What was your average speed?
31 Teach your child a card game.						