

# Parent Pointers

## Calendar

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THE  
**PARENT**  
INSTITUTE®

## Parent Pointers Calendar

Middle School  
**Parents**  
*still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August 2020</b>						<b>1</b> Will your child need back-to-school clothes? Set a budget and let him make some choices.
<b>2</b> Ask your child to tell you about a punishment you gave her that she thought was really unfair.	<b>3</b> Is your child turning into a summer couch potato? Encourage an outdoor activity.	<b>4</b> Help your child think of tough situations he might face. How would he handle them?	<b>5</b> Teach your child a favorite song from when you were her age.	<b>6</b> Encourage your child to write a letter to the editor of a local newspaper on a topic that concerns him.	<b>7</b> Plan a weekend family activity. Let your child invite a friend.	<b>8</b> Take a map in the car or on a walk with you. Show your child where you are headed and let her help navigate.
<b>9</b> Spend a few minutes talking with your child at bedtime. This is a relaxing time for conversation.	<b>10</b> Get your child into a school sleeping routine. Have him go to bed earlier and get up earlier in the morning.	<b>11</b> Talk about your child's goals for the coming school year. Post a list where you both can see it.	<b>12</b> Watch the news on TV with your child. Choose one story and compare it with a news article on the same topic.	<b>13</b> Play a game of charades with your child.	<b>14</b> Now that school is about to start, check to see how parents can help out. Plan to volunteer.	<b>15</b> Will your child need supplies for school? Get a list of what's needed. Shop together for the best buys.
<b>16</b> Help your child organize a neighborhood dog wash or car wash.	<b>17</b> Talk about your child's summer. Can she name three things she learned?	<b>18</b> Learn a new tongue twister. At dinner, challenge everyone to repeat it three times fast.	<b>19</b> Talk to your child about joining a youth organization this fall, such as scouting or 4-H.	<b>20</b> Encourage your child to make decisions. Involve him in decisions on allowance, curfews or other rules.	<b>21</b> Tell your child one specific thing you love about her today.	<b>22</b> Go on a nature walk with your child. Notice things you have never seen before.
<b>23</b> Play board or card games as a family tonight.	<b>24</b> Give your child a hug today.	<b>25</b> Do you have nutritious after-school snacks on hand? Have your child help pick them out.	<b>26</b> Write upcoming school events on your family calendar. Make plans to attend as many as you can.	<b>27</b> Encourage your child to organize his study area.	<b>28</b> Talk about your family's fall routine. Make plans to eat at least one meal a day together.	<b>29</b> Have your child list her favorite songs, TV shows and books. Look back later and see how her opinions have changed.
<b>30</b> Read a favorite children's book aloud as a family.	<b>31</b> Avoid criticizing your child unnecessarily.					